- 1. Who is the first Indian to win an Asian gold in the women's heptathlon event?
- a) Soma Biswas
- b) Dutee Chand
- c) Swapna Barman
- d) Hima Das

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- **2.** Who has become the first Indian woman to win a gold medal in shooting at the Asian Games?
- a) Manu Baker
- b) Rahi Sarnobat
- c) Anjum Moudgil
- d) Heena Sidhu
- **3.** Who became the first Indian woman wrestler to win a gold medal at the Asian Games?
- a) Geeta Phogat
- b) Vinesh Phogat
- c) Sakshi Malik
- d) Pooja Dhanda
- 4. Which Indian became the first badminton player to win silver in Asian Games?
- a) PV Sindhu
- b) Saina Nehwal
- c) Srikanth Kidambi
- d) HS Prannoy
- 5. Who has become the first Indian javelin thrower to win an Asian gold?
- a) Muhammed Anas
- b) Tajinder Pal Singh
- c) Dutee Chand
- d) Neeraj Chopra

- **6.** Fouaad Mirza became the first Indian to win an Asian Games individual medal since 1982 in which sporting event?
- a) Wushu
- b) Equestrian

c) Sepaktakraw

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- d) Bridge
- 7. Who won India's first silver medal in Kurash at the 18th Asian Games in Indonesia?
- a) Pinky Balhara
- b) Malaprabha Yallapa Jadav
- c) Neena Varakil
- d) Sudha Singh
- **8.** Who became the only second singles player to win an Asiad bronze in badminton at the 18th Asian Games?
- a) PV Sindhu
- b) Srikanth Kidambi
- c) Saina Nehwal
- d) Rohan Bopanna
- **9.** Which two Indian players won gold in the tennis men's doubles finals at Asian Games 2018?
- a) Rohan Bopanna and Yuki Bhambri
- b) Ramkumar Ramanathan and Divij Sharan
- c) Divij Sharan and Rohan Bopanna
- d) Somdev Devvarman and Ramkumar Ramanathan
- 10. Which nation won gold in the women's Kabaddi final at Asian Games 2018?
- a) Iran
- b) Afghanistan
- c) India
- d) South Korea

11. Who has become the youngest shooter to win silver in the men's double trap event in Asian Games 2018?

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- a) Deepak Kumar
- b) Lakshay Sheoran
- c) Shardul Vihan
- d) Sanjeev Rajput
- 12. Which nation played host to the 2018 Asian Games?
- a) Vietnam
- b) India
- c) Indonesia
- d) Malaysia
- **13.** Which Indian athlete won the gold medal in men's shot put with a record-breaking performance?
- a) M. Sreeshankar
- b) Tajinder Pal Singh
- c) Muhammed Anas
- d) Chethan Balasubramanya
- 14. Who won India's first medal in 20 years in a women's 100 event?
- a) Hima Das
- b) Anu Raghavan
- c) Fouaad Mirza
- d) Dutee Chand

Answers with Explanation

1. (c) Swapna Barman

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The Day 11 of the 18th Asian Games was historic for India, as Swapna Barman won the nation's first-ever Asiad gold in the women's heptathlon event. Barman, who has six toes in both her feet, competed in the event with her jaw taped up, as she was battling an excruciating toothache.

2.(b) Rahi Sarnobat

The Day 4 of Asian Games 2018 took off for India with shooter Rahi Sarnobat winning the 4th gold in the finals of women's 25m pistol event. With the feat, she has become the first Indian woman to win a gold medal in shooting at the Asian Games.

3. (b) Vinesh Phogat

Wrestler Vinesh Phogat brought home the second gold medal for India with a 6-2 win over Japan's Irie Yuki in women's 50kg freestyle wrestling. It is Phogat's second Asiad medal after winning a bronze medal in the women's freestyle 48 kg category at Incheon in 2014. With the win, she created history by becoming the first Indian woman wrestler to win a gold medal at the Asian Games.

4. (a) PV Sindhu

India's medal hunt on Day 10 at the 18th Asian Games began with two silvers from the men's and women's compound archery team. In the much-awaited women's singles gold medal match between PV Sindhu and Tai Tzu Yin, Sindhu had to settle for silver after she lost to Yin in straight sets. Despite the loss, Sindhu became the first badminton player to win silver in Asian Games.

5. (d) Neeraj Chopra

The highlight of Day 9 at the 18th Asian Games was when Neeraj Chopra, with a throw of 88.06m broke the national record and clinched the much-awaited gold. With the win, he became the first Indian javelin thrower to win an Asiad gold.

6. (b) Equestrian

In a first, Fouaad Mirza became the first Indian to win an Asian Games individual equestrian medal since 1982. He finished second with a score of 26.40 in the individual

equestrian jumping event behind Japan's Oiwa Yoshiaki. Further, he along with his teammates Rakesh Kumar, Ashish Malik and Jitender Singh guided India to a second-place in the equestrian team event.

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7. (a) Pinky Balhara

In the day of silvers on Day 10 of Asian Games 2018, Pinky Balhara won silver in the women's 52 kg final after she lost to Uzbekistan's Gulnor Sulaymanova by 10-0. This was India's second medal in Kurash. India's first medal in the event came through Malaprabha Yallapa Jadav, who picked up bronze following her semifinal defeat.

8. (c) Saina Nehwal

India's medal account opened on Day 9 of the 18th Asian Games with star shuttler Saina Nehwal winning a historic bronze after losing to World No.1 Tai Tzu Ying of Chinese Taipei in women's singles semifinals. Despite losing, Nehwal with her bronze medal became the only second singles player and the first female one to win an Asiad bronze after Syed Modi, who had won a bronze in 1982.

9. (c) Divij Sharan and Rohan Bopanna

The Indian tennis duo of Rohan Bopanna and Divij Sharan clinched the 5th gold medal for India on Day 6 of Asian Games 2018, after they beat Kazakhstan's Denis Yevseyev and Aleksandr Bublik 6-3, 6-4 in the men's doubles tennis event. The win takes India to the 7th position in the overall medal tally.

10. (a) Iran

Despite the surprisingly good start on Day 6 of Asian Games 2018, the Indian women's kabaddi team suffered a shocking 27-24 loss at the hands of Iran. It was the most disappointing finish for India, as the defending champions had to settle for silver.

11. (c) Shardul Vihan

Young Indian shooter Shardul Vihan has won India's 17th Asiad medal on Day 5 of Asian Games 2018. The 15-year-old won silver in the finals of the men's double trap event.

12. (c) Indonesia

The 18th edition of Asian Games began in Jakarta, Indonesia on August 18. The games

will take place simultaneously in Jakarta, capital of Indonesia and Palembang, capital of the province of South Sumatra, so as to accommodate all branches of sports.

13. (b) Tajinder Pal Singh

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On Day 7 at the Asian Games, India's 23-year-old Tajinder Pal Singh clinched the gold medal in men's shot put with an Asian Games record. Tajinder began as the favourite and his opening effort of 19.96m was enough to give him the gold but he did better and his fifth throw of 20.75m broke the Games record set by Saudi Arabia's Sultan Abdulmajeed (20.57m) in 2010.

14. (d) Dutee Chand

The Day 7 at the 18th Asian Games ended on a high with Dutee Chand grabbing the spotlight by winning silver in the women's 100 m event. With this, she won the country's first medal in 20 years in a women's 100 event. India's last medal in this event was a bronze, which was won by Rachita Mistry in 1998 Asian Games.

1. Where were the first Asian Games held?

- (a) China
- (b) Singapore
- (c) India

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(d) japan

Answer c

Explanation: The first Asian Games were organized in New Delhi, India in 1951. India hosted these games in 1982 also.

2. How many editions of Asian games have been organized so far?

- (a) 17
- (b) 32
- (c) 53
- (d) 39

Answer a

Explanation: The first Asian Games were organized in 1951 in New Delhi, India. Since then, Asian Games have been organized 17 times. The 18th Asian Games are going on in the Indonesia from 18 August 2018.

3. What is the motto of the 18th Asian Games?

- (a) Unite the Asia
- (b) Better future of Asia
- (c) Energy of Asia
- (d) Strong and united Asia

Answer c

Explanation: This time the motto of the games is "Energy of Asia". In these games, 10 thousand players from 45 countries are taking part. There are 8 new games have been included in the 18th Asian Games, which has increased the total number of games to 40.

4. Who is the Mascot of 18th Asian Games?

- (a) Poppo and Cuccu white pigeons
- (b) Appu an elephant

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- (c) Pan Pan the Panda
- (d) Bhin Bhin the bird of paradise, Atung the deer, Kaka the rhino

Answer d

Explanation: Bhin Bhin the bird of paradise, Atung the deer, Kaka the rhino have been chosen as the mascot of the 18th Asian Games. These three represent the east, west and centre of the country and they have dress traditional to each locality.

5. Which country will organise the 19th Asian Games?

- (a) Japan
- (b) India
- (c) Qatar
- (d) China

Answer d

Explanation: The 19th Asian Games will be held in Hangzhou City, China, in September 2022. This will be China's third city, which will host Asian Games.

6. Which of the following statements is correct about Asian Games?

- (a) These games are organized at the interval of 3 years
- (b) Players from 50 countries are participating in the 18th Asian Games
- (c) Asian Games are organized by the Asian Olympic Council in the supervision of the International Olympic Council
- (d) China has organized these games 4 times

Answer c

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Explanation: Asian Games are organised by the Asian Olympic Council in the supervision of the International Olympic Council.

7. Which of the following statements is not correct about the 18th Asian Games?

- (a) The 18th Asian Games are being organized in two cities of Malaysia, Jakarta and Palembang.
- (b) The mascot of these games are "Bhin-Bhin" a bird, Autung a deer and "Kaka" a rhino
- (c) In these games Indian flag bearer was Javelin thrower "Neeraj Chopra"
- (d) This time the motto of these games is "Energy of Asia".

Answer a

Explanation: The 18th Asian Games are organised in the Jakarta and Palembang cities of the Indonesia. In the 18th Asian Games 8 new games have been added, so total number of games increased to 40.

8. Which city has organised the Asian Games the most?

- (a) Bangkok
- (b) Beijing
- (c) New Delhi
- (d) Tokyo

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Answer a

Explanation: Thailand's city Bangkok has hosted these games 4 times. Bangkok organized Asian Games in 1966, 1970, 1978 and 1998.

9. Which of the following is not matched correctly?

(a) 16th Asian Games: 2010

(b) 17th Asian Games: 2014

(c) 15th Asian Games: 2006

(d) 4th Asian Games: 1966

Answer d

Explanation: Fourth Asian Games were organized in Indonesia, Jakarta in 1962. The first Asian Games were held in India, New Delhi in 1951.

10. Which of the following country never hosted Asian Games?

- (a) Iran
- (b) North Korea
- (c) Qatar
- (d) Philippines

Answer b

Explanation: Due to security reasons Asian Games have been held in the North Korea. While rest of the countries given in the options have organised these games.

